

Professional Disclosure Statement

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Naomi's Place Counseling Services

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Welcome to Naomi's Place, we are honored you chose us to be a part of your journey of healing and seeking to achieve your personal best. . This disclosure document will provide you with information about my training, counseling techniques, and your rights as a client.

Education

I earned my M.A in Clinical Mental Health Counseling from Clark Atlanta University (2027) and a Ph.D in Christian Counseling from Southeastern Baptist Theological Seminary (2031). I am a Licensed Professional Counselor approved by the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists. I have 7 years of experience of providing counseling to many populations including children, teenagers, families and adults. I am trained in several techniques and theoretical approaches to help manage trauma, conflict resolution, anger management, anxiety, depression and other clinical mental health diagnosis.

Counseling Service

Counseling is an experience that is unique for each individual. Its important that I seek to provide the best approach to meet your needs and your journey. My approach has the ability to integrate faith based practices with theories such as psychodynamic therapy to produce "Christ-like" characteristics. My practices are not limited to Christian counseling and extend to assessments,treatment plans, Narrative Therapy, Dialectical Behavior Therapy, Solution-Focused Brief Therapy and more of the following:

Individual counseling

Group Counseling

Family and Marriage Counseling

Grief Counseling

Youth Counseling : Conflict Resolution, Communication Difficulties,

As a counselor of the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists.I wanted to ensure that all clients are provided with the best care possible. I recommend client feedback to ensure I'm meeting each individual needs in the event adjustments to my approach are needed. If at any point you feel that my approaches do not align with your journey and you're considering seeking other Licensed Professional Counselors I would be happy to provide referrals to other mental health care providers.

Effects of Counseling

As we work together to take on your counseling journey. It is imperative that you are made aware and have some understanding of the changes or effects that may come with gaining professional help. The experience may require you to work through past events that could bring pain and unresolved trauma. As you continue to address areas of challenge you could be exposed to some discomfort along the way and have the right to refuse certain techniques. Counseling could also open up self awareness, new decision making skills, and emotional regulation that result in lifestyle changes outside of sessions. You may find that these new adjustments could potentially make it difficult to manage relationships professionally and interpersonally. Counseling is unpredictable and to provide a timeline on which clients will achieve personal goals is not possible. Clients who continue to work with therapists authentically on a consistent basis tend to benefit the most from engaging in their counseling experience.

Communication / Emergency

In the event you are in the middle of a life or death emergency please contact 911 Immediately.

You are welcome and encouraged to contact me after you have obtained assistance from the local first responders.

If you are in the middle of a crisis **after business hours**, Please contact local crisis centers but they are not a replacement for 911 emergencies.

We provide a list of those providers in the welcome packet. Please let me know if you like to review them together and how to utilize their services if needed.

You are welcome to call me within business hours. If I'm not available at the moment I could be working with a client and will make every attempt to call you back at the conclusion of the session or within the next 24 hours. Please leave a voicemail with a call back number as well.

Length of Sessions and Fees

All sessions are expected to be at least 60 minutes each. The session is based on your needs as the client. All fees are to be paid prior to starting the scheduled session. At Naomi's Place we also offer Group Counseling which includes Family, Marriage, and Relationship Counseling at a rate of \$125 per session. We accept forms of insurance, Debit/Credit Card and Cash Payments. **NO CHECKS!** I have no involvement in deciding what your insurance is able to cover. You may be responsible for a copay.

We are dedicated to ensuring counseling services are accessible to everyone at an affordable rate and offer services on a sliding scale as well.

Please see the table below that shows our income based rates:

Annual Household Income	Fee Per Session
<25,000	35\$
25,000- 40,000	\$45

40,000-60,000	\$65
60,000-80,000	\$85
80,000-100,000	\$125

Documents that MUST be provided to verify household income of all residents (One of the following will suffice) :

- Most Recent Pay Stubs
- W2
- Tax Return
- Unemployment or disability documents

Missed Appointments/ Cancellations

We understand that life can be unexpected which may cause you to cancel or even reschedule. We just ask that you contact us at least 24 hours in advance to inform of any changes needed. If we do not hear from you by the advised time, you will be charged for the amount of a full session. Naomi's Places policy also states that if we do not hear from you prior to your session that will be considered a *NO SHOW*. 3 missed sessions will result in a termination of services with Naomi's Place. This does not mean that when you feel ready to work with us again you're not able to return for services. At any point please feel free to return when you feel best or you can utilize our walk in services to best fit your scheduling needs.

Confidentiality

It is important to me that within my practice clients feel they are in a safe, trusting and transparent environment. Our communication will go into your client record which you are able to gain access to per your request. I will keep the information shared within our sessions confidential. However there may be circumstances that may require me to break my ethical duty of confidentiality.

The following events are examples of such cases:

- The law requires me to ensure that you are safe as well as others. In the event you make or indicate a serious threat to harm yourself or another person, by law I am required to try to protect you or that other person.
- You disclose information that indicates potential abuse or neglect to a disabled person, the elderly, and/or children.
- If you are involved in a criminal case or investigation and records are requested or subpoenaed by a judge.

Dual Relationships/Social Media

While we are in the climate where social media platforms are common ways of communication and connection. To ensure that no lines are blurred I want to ensure that you understand I have an ethical duty

to uphold not engaging in what is considered to be a dual relationship with my clients. This includes in person and virtual communication outside of your sessions. This also keeps the boundaries of our relationship clear in distinguishing a friend versus a counselor. There may be times where I self-disclose as an attempt to provide some beneficial insight but the most important thing in each session will be you.

Custody/ Mediator

Naomi's Place understands that we offer counseling services to families and individuals which may include children under the age of 18. I do wish to provide the child a safe space in which I do for all my clients. This means that what the child discloses in the session I will implement my ethical duty to keep the sessions confidential unless required by the same reasons listed in the confidential section of this disclosure.

Please review the cases above in which I may be required to break confidentiality.

With that, understanding that during difficult times such as family custody battles or Divorce cases, I have to inform you that I am not able to make any suggestions on parental rights or custodial decisions.

The custodial parent may request treatment plans, goals, and other progress after providing court orders that designated custody as the primary parent.

Complaints

Clients are recommended to discuss any concerns with me, leave feedback in our anonymous suggestion or complaint box, or you have the right to file a complaint against me with the organization listed below if you feel I have violated any code of ethics. Here is a copy of the Code of Ethics I abide by :

(https://www.counseling.org/docs/default-source/default-document-library/ethics/2014-aca-code-of-ethics.pdf?sfvrsn=55ab73d0_1)

Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family
Therapists
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Macon, Georgia 31217-3858
(478) 207-2440

Consent to Treatment, Acknowledgement and Acceptance of Terms

Signing below indicates that you have read the following disclosure documents and will abide by the guidelines. I am available to address any questions or concerns throughout at any time.

Client: _____

Date: _____

Parent/Guardian: _____

Date: _____

Counselor: _____

Date: _____

